



Medicines Policy

Declaration of Medication

All parents and players are required to inform their coach and the tour's Sports Therapist (**Mia Cole**) of all medicines in their possession prior to departure. This includes:

- Over the counter products
- Prescription only medicines
- Vitamins and supplements
- Medicines obtained from abroad
- Homeopathic remedies

All prescribed medication must remain in its original pharmacy packaging with the original labelling and instructions intact. Prescribed medication must only ever be administered to the person for whom it has been prescribed.

Self-Administration of Medication

Players may self-administer medication in consultation with their coach and Sports Therapist. The following conditions apply:

- Medication for personal use must be kept in a safe and secure place at all times
- If a player is deemed sufficiently responsible, they will be given permission to hold and administer their own medication
- The quantity of medication in a player's possession must be reasonable for the duration of the tour — staff reserve the right to remove unreasonable amounts
- Permission to self-administer will be assessed on a case by case basis depending on the type of medication, the instructions for use and the individual player

Emergency Medication

Players who have been issued with emergency medication are required to carry it on their person at all times. This includes but is not limited to:

- Reliever inhalers
- Auto-adrenaline devices (e.g. EpiPen)
- Anti-histamines
- Insulin



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Parents and guardians are required to declare all emergency medication on the player's Registration Form prior to departure.

Failure to declare medication in advance may affect a player's ability to participate in the tour.

Role of the Sports Therapist

All Star Soccer Academy's Sports Therapist (**Mia Cole**) will maintain an awareness of all declared medication within the tour party and will be the first point of contact for any medication-related concerns during the tour. Any changes to a player's medication during the tour must be reported to Mia immediately.