



Injury and Illness Policy

Introduction

First Aid means the treatment of minor injuries which do not require treatment by a medical practitioner, as well as the treatment of more serious injuries prior to the involvement of a medical practitioner, for the purpose of preserving life and minimising the consequences of injury or illness.

For the avoidance of doubt, First Aid does not include administering any tablets or medicines. The only exception to this is the administration of aspirin in accordance with accepted first aid practice to treat a suspected heart attack.

Injury Assessment

All Star Soccer Academy's Sports Therapist, **Mia Cole**, is responsible for the initial assessment of any injury or illness occurring at the hotel or tournament venue. Staff should ensure Mia is informed of any player injury or health concern without delay.

Procedure in the Event of an Accident or Injury

1. If an accident or injury occurs, the member of staff present will assess the situation and notify **Mia Cole** immediately
2. Mia will assess the injury and decide on the appropriate course of action, which may include calling immediately for an ambulance
3. If Mia is unavailable, the senior member of staff present should assess the situation and arrange for the injured person to access appropriate medical treatment without delay
4. If an ambulance is called, arrangements must be made to ensure clear access to the accident site. **Mia Cole or Craig Bowker** will accompany any player in the ambulance or follow to hospital if parents cannot be contacted in time. Parents must be informed as soon as possible in all cases

Concussion Policy

All Star Soccer Academy follows The FA's Concussion Guidelines in full. The welfare of the player is always the absolute priority.

In the event that a concussion is suspected or diagnosed — whether by our Sports Therapist (**Mia Cole**), a tournament medical officer, or any other qualified medical professional — the player will be **immediately removed from play** in accordance with The FA's Concussion Guidelines. This decision is non-negotiable and cannot be overridden by the player, parents, coaching staff or any other party.

Parents and guardians should be aware that a concussion diagnosis may mean the player takes no further part in the tournament. All Star Soccer Academy will not permit any player to return to play unless fully cleared to do so in line with The FA's Return to Play protocol.



ALL STAR SOCCER ACADEMY

GOTHIA CUP TOUR

All concussion incidents will be recorded and reported to parents as a matter of priority.

Reporting

In the event of any accident or injury, the member of staff present must complete an Injury Report Form as soon as possible. The following must be recorded:

- Date, time and location of the incident
- Personal details of those involved
- A brief description of the nature of the injury or illness
- What happened to the injured or ill person immediately afterwards

The completed form must be passed to the **Tour Manager (Craig Bowker)** to be held on record for a minimum of 12 months.

All injuries, accidents and illnesses, however minor, must be recorded — no exceptions.

Reporting to Parents

In the event of any accident or injury, parents must be informed as soon as practicable. The senior member of staff present at the time will determine how and when this communication takes place, ensuring it is handled with sensitivity and without unnecessary delay.